

Welcome to "Dobra soba" (the Good room) - a safe space on your journey of growth and transformation

I'm Vesna Mašulović, a graduate psychologist and a systemic family psychotherapist under supervision. I obtained my degree in Psychology from the Faculty of Philosophy, University of Novi Sad.

I gained valuable experience over six years at the "Srce" ("Heart") Center, which provides emotional support to individuals in crisis and works on suicide prevention. Later, I spent several years in Italy working with people struggling with substance abuse and juvenile offenders. During that time, I encountered complex human stories and witnessed the power of change when there is space for understanding and support.

Through additional training, I specialized in transactional analysis, assertive communication, and mindfulness, which have significantly enriched my approach to working with people. I volunteer at the Marriage and Family Counseling Center, part of the Social Work Center in Novi Sad, as well as at the Counseling Center for Vulnerable Groups, where I work with the LGBTIQ+ community. There, I witness the strength of authentic expression, solidarity, and individual growth.

Beyond my professional work, my personal experience of giving birth naturally to three children has further inspired me to advocate for women's empowerment and support for choosing natural birth, whenever medically possible and aligned with the mother's wishes. I believe that every woman deserves the right to choose and to be supported on that path.

Within the Association "Dobra Soba", I offer psychological counseling, as well as individual and group psychotherapy for young people and adults facing a variety of life challenges, including:

- family relationship difficulties,
- communication issues – assertiveness,
- challenges in romantic relationships, marital crises and conflicts,
- problems related to divorce, loss, or illness in the family,
- fear of natural childbirth,
- parenting dilemmas and challenges,
- low self-esteem,

- fears, anxiety, and depression,
- behavioral issues in adolescents,
- addictions and eating disorders.

I'm here to listen - without judgment, criticism, or pressure.

To support your rhythm, your silence, and your path toward understanding and change.

Sometimes, it's easier to share what we carry with someone new - someone who listens gently, carefully, and without judgment.

I believe that conversation helps.

Feel free to reach out via email:

vesna.masulovic@gmail.com